

Specialist nursing care

Bryn Bella and Highfield care homes are registered to provide round-the-clock nursing care by a highly-qualified and experienced team of nurses and care practitioners.

We provide residential, respite and day care services for adults of all ages who require professional nursing care.

Bryn Bella is registered for younger people while Highfield is primarily for those over retirement age.

Both care homes are also ideal for those who require a period of convalescence or a short break in a supported caring environment. We promote independence and place emphasis on rehabilitation.

We also have our own physiotherapy department, with a team of chartered physiotherapists and physiotherapy assistants.

Our aim at all times is to tailor our care to enhance and fulfil an individual's quality of life, within friendly, clean, safe, comfortable and attractive surroundings.

The spacious rooms and suites are designed to the highest possible standards. The tranquil setting and landscaped gardens are surrounded by open countryside, yet are close to Wrexham town centre and all its amenities.

Our resident artist, Sarah Edwards, promotes

and encourages rehabilitation using art as a therapy. Her classes and one to one sessions are extremely popular.

Other therapies, including music, are also available, in addition to a whole host of activities and regular outings.



Bryn Bella and Highfield manager Tracey Smith RGN.

Striving to be the best



The people who work at **Pendine Park** are our biggest asset. Our nurses, care practitioners and ancillary team members are chosen especially for their caring nature, dedication, commitment and friendliness.

As we want to be the best at everything we do, we have developed a Teaching Care Centre with our own, on-site, award-winning training company, Smartcare Training. Smartcare helps us to deliver the highest possible standard of care through staff training to promote personal and professional development.

The Teaching Care Centre has been nationally recognised with commendations at the Welsh Assembly Government sponsored Social Care Accolades and the National Training Awards. A Smartcare NVQ Level 4 management trainee received a City & Guilds Medal of Excellence Award presented by the Duke of Edinburgh at St James's Palace in May 2007.

In 2000, we earned the Investors in People (UK) Award. All our qualified nurses are registered with the Nursing and Midwifery Council. We will register all our care practitioners with the Care Council for Wales.

Our commitment to providing high quality services was rewarded in September 1992, when we became the first nursing home in the UK to be awarded British Standard 5750, now known as International Standard 9002.

We are registered with the Welsh Assembly Government and are regularly inspected by the Care and Social Services Inspectorate for Wales. We are a member of Care Forum Wales.



Our Teaching Care Centre is registered with City & Guilds and the Institute of Leadership and Management

Pendine plus



Pendine Park is a positive choice for many reasons. Among them are our friendly and caring staff, first class accommodation, the choice of care services along with the beautiful gardens and grounds - all close to the amenities of Wrexham town centre.

There are many optional activities and outings - you can pop into town, go to the theatre or the football - or even to the local garden centre. We have a courtesy vehicle that can be booked for outings.

We appointed an artist-in-residence, Sarah Edwards, (pictured above left) in 1995. Her classes are extremely popular - there are also one-to-one sessions and art therapy sessions to develop artistic talent and realise individual potential. Several residents have even put on their own exhibitions. We visit art galleries and museums, including the Tate Liverpool and the Lowry Salford.

To aid well-being and rehabilitation, we have our own physiotherapy clinic with a team of chartered physiotherapists and physiotherapy assistants.

Meal times are important and we offer a choice of freshly prepared dishes - you can eat as much as you like! Our 'Cooking to Care' programme has been designed by our awarding-winning Executive Chef, 'Dai Chef'. During his illustrious career, Dai has cooked for royalty and many celebrities, including Luciano Pavarotti.



*Dai, our Executive Chef, and
Gill Roberts, our Senior
Physiotherapist*



Home from home

Gwern Alyn and Hillbury care homes provide a friendly, warm, relaxed and comfortable atmosphere for older people requiring residential or nursing care.

Both the homes provide residential, respite and day care services. For residential clients whose needs may change, nursing care can be provided without the need for an unsettling move.

There is a real sense of community and we treat people in the way we would like to be treated ourselves - with dignity, compassion and respect.

We believe in promoting independence, individuality and fulfilment with support being on hand when required.

The homes are surrounded by seven acres of beautifully laid out mature gardens. The shops, cafes and amenities of Wrexham town centre are within walking distance.

Gwern Alyn is an attractive period property, fully modernised, yet preserving its original architectural features and character.

Hillbury is a former Convent with light, spacious rooms and its own church where our multi-denomination services and concerts are held.

Our highly qualified and experienced team, chosen for their cheerfulness and caring nature, organise an interesting range of personal and group activities including outings, craft work and musical events. Physiotherapy is available and our resident artist oversees the requirements of those who wish to pursue an interest in art.



*Gwern Alyn manager
Cindy Clutton (right)
and Hillbury manager
Mildred Heyward RGN*



A friend calling by



Independent Living Options provides a flexible, person-centred service to meet the personal needs and individual requirements of people who require care in their own homes.

We can give a helping hand to people of all ages with a broad range of needs, including physical disabilities, sensory loss and impairment, a learning disability, a mental health problem as well as families with children.

We can provide respite care and look after those who need a period of convalescence and rehabilitation following discharge from hospital.

Our care programmes are individually tailored and are delivered by friendly, trained and experienced care practitioners. We are just like a friend calling by when you need help and support.

All our staff have been the subject of a rigorous recruitment process, including a full Criminal Records Bureau check. We ensure that all our care practitioners are registered with the Care Council for Wales.

We match the needs of our clients to the skills and experience of our care practitioners, all of whom are fully supported in their personal and professional development.

Independent Living Options is part of Pendine Park, one of the leading care organisations in Wales. That means we can call upon back-up and expert advice from across the organisation...and that means peace of mind for our clients.

*Independent Living Options manager
Kathryn Campbell-Davies.*

For more information ring 01978 310500



Specialist dementia care



Cae Bryn is a specialist dementia care centre providing nursing care and support for those with memory problems such as Alzheimer's Disease.

Our highly qualified and experienced team of nurses and care practitioners are chosen for their caring understanding nature, empathy and cheerfulness.

Cae Bryn's holistic approach to care has a strong emphasis on individuality, treating people with dignity and respect, in a safe caring environment. We have excellent staffing levels so our clients can have as much independence and personal support as possible.

Our first class accommodation is purpose-built to cater for people with a range of mental health conditions. Well-designed and homely, Cae Bryn is surrounded by beautiful countryside with well-maintained, safe gardens including a multi-sensory garden for clients to enjoy.

Pastimes and activities are an important part of life at Cae Bryn and provide stimulation whilst enhancing the quality of life of those in our care.

There is a nostalgia room, 'Katie's Tea Room' that forms part of our reminiscence 'Down Memory Lane' therapy and a 'Snoezelen Room' which is a multi-sensory environment that provides valuable stimulation.

Cae Bryn also has the benefit of a very active Family Support Group which supports families who wish to share their experiences.



*Cae Bryn manager
Ann Chapman RMN*

Centre of excellence



Penybryn is a centre of excellence. Our experienced team specialise in caring for younger people with neurological problems caused by acquired brain injury and conditions such as Multiple Sclerosis and Stroke.

We provide day care, respite and longer term residential services that promote an individual's independence through rehabilitation and support.

The spacious, modern and beautifully appointed accommodation includes superior rooms and suites. They all have en-suite bathing facilities and some have patio doors. The tranquil setting in landscaped gardens is surrounded by open countryside yet is very close to Wrexham town centre with all its amenities.

Our friendly, highly-qualified and experienced nurses, care practitioners, physiotherapists and resident artist provide a range of individually tailored therapies to promote and encourage as much independence as possible.

Penybryn residents can enjoy a healthy social life and a wide range of activities including music, multi-media entertainment and other hobbies and pastimes. Internet access is available. Trips and outings are popular - visits to the shops, cinema, the local pub or even a football match are always on the agenda.

Our philosophy is to help people live their lives as they wish. Our residents can always choose to chill out and do their own thing.

*Penybryn manager
Veronica Smaje RGN*



A friend calling by



Independent Living Options provides a flexible, person centred service, which promotes independence and empowers individuals.

We can support adults of all ages with a broad range of needs as we are registered to support people with physical disabilities, sensory loss and impairment, learning disabilities and mental health problems, as well as families with children.

We have experience in supporting people in their own homes, joint tenancies, as well as supporting those who are in need of a period of convalescence, rehabilitation and re-ablement following discharge from hospital.

Our Service Delivery Plans are individually tailored and delivered by friendly, trained and experienced staff, who support individuals to be as independent as possible and encourage inclusion within the community.

We match the needs of the individual to the skills and experience of our care practitioners, all of whom are fully supported in their personal and professional development.

All our staff are subject to a rigorous recruitment process, including an enhanced Criminal Records Bureau check. All care practitioners are required to be registered with the Care Council for Wales and complete NVQ in Care.

Independent Living Options is part of Pendine Park, one of the leading care organisations in Wales. That means we can call upon back-up and expert advice from across the organisation ...and that means peace of mind for the people we support and their families.



*Independent Living Options manager
Kathryn Campbell-Davies.*

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